

# Room for One More

*A Family Activity About Welcome, Belonging, and Making Space*

A gentle activity for noticing those who may feel new, shy, lonely, or forgotten, and choosing one simple way to make space for them.



*This is an independent creative family resource and is not an official publication of The Church of Jesus Christ of Latter-day Saints.*

Time needed: 25-40 minutes

Best for: families, mixed ages,  
small groups

Printing: A4



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# Activity Snapshot

Time needed	25-40 minutes
Suggested for	Families of many sizes and ages
Main theme	Welcome, belonging, friendship, and inclusion
What you will do	Read a scripture, draw prompt cards, talk kindly, and choose one family welcome action.

## What You Will Need

- Scriptures
- Pens or pencils
- A bowl, jar, envelope, or small container
- Optional notebook or family journal
- This printed activity
- Scissors for the prompt cards, with adult supervision for children
- Colouring pencils or crayons
- Optional card, paper, stickers, or art supplies for making a welcome note

## Family Roles

Role	What They Do
Activity Leader	Helps the family move through the activity kindly.
Opening Prayer	Offers the opening prayer.
Scripture Reader	Reads or helps read the chosen scripture.
Card Keeper	Holds the prompt cards and invites people to choose one.
Discussion Helper	Helps make sure everyone may speak or pass.
Action Recorder	Writes down the family welcome plan.
Closing Prayer	Offers the closing prayer.

## Before You Begin

Find a comfortable place where everyone can sit together. Place the prompt cards in a bowl, jar, envelope, or small container after they have been cut out.

Choose the family roles before you begin. If younger children are present, they may help by holding the cards, drawing a picture, choosing a colour, or helping set out pencils. Please supervise children when using scissors; an adult or older helper may cut out the cards for younger children.

Remind everyone that this is a gentle conversation. Each person may speak, listen, or pass. The aim is not to make anyone feel guilty. The aim is to notice with love.

Begin with the opening prayer.

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## Choose a Scripture

Choose one scripture to read together. You may read only a short verse or passage if younger children are present.

Scripture	Simple Theme
Matthew 25:35-40	Welcoming and caring for others matters to the Saviour.
Romans 12:10	We can show love and honour to one another.
Hebrews 13:2	We can welcome others with warmth.
Mark 10:14	Jesus welcomed children.
3 Nephi 18:22-23	We can meet together and welcome others.
Moroni 6:4	We can remember and nourish those who come into the fold.
Your own choice	Choose another scripture about welcome, kindness, friendship, or belonging.

After the scripture is read, ask: What does this scripture teach us about making room for someone?

## How to Proceed

Step	What To Do
1. Gather	Sit together in a comfortable place and place the prompt cards nearby.
2. Assign Roles	Choose who will lead, pray, read, draw cards, record the plan, and offer the closing prayer.
3. Opening Prayer	Invite the person assigned to offer the opening prayer.
4. Read Scripture	Ask the Scripture Reader to read the chosen scripture or a short part of it.
5. Introduce the Theme	Talk briefly about what it means to make room for someone.
6. Draw Prompt Cards	Let family members take turns drawing Room for One More cards.
7. Discuss Kindly	Talk about the prompts. Everyone may speak or pass.
8. Choose One Person or Family	Decide who your family could help feel welcome this week.
9. Make a Welcome Plan	Write down one simple, realistic action your family will take.
10. Closing Prayer	Invite the person assigned to offer the closing prayer.
11. Follow Up	Later in the week, talk about what happened and what you noticed.

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## Discussion: Who Needs a Place?

Sometimes people feel left out even when no one means to hurt them. Someone may be new, quiet, tired, grieving, different from the group, unsure where to sit, or afraid of joining in.

- When have you felt welcome?
- What helped you feel included?
- What might help someone who is new or shy?
- How can we notice someone without embarrassing them?
- What is one small thing our family could do this week?
- Who might need a place this week?

You do not need to solve every problem. A small welcome can still matter.

*A smile, a seat, a message, an invitation, a remembered name, or a simple card can become a doorway.*

## Room for One More Prompt Cards

Cut out the cards and place them in a bowl, jar, envelope, or small container. Take turns drawing a card and answering the question together. Please supervise children when scissors are used; an adult or older helper may prepare the cards.

You may answer with words, drawings, examples, or quiet thinking. After drawing several cards, choose one welcome action for your family.

*The prompt cards are on the next page so they can be printed and cut neatly.*

### Closing Reflection

Before the closing prayer, invite each person to complete one sentence:

This week, I can make room for one more by...

The answer may be spoken aloud, written down, drawn, or kept quietly in the heart. End with the closing prayer.

# Cut-Out Activity Cards

## *Print and Cut Page*

Scissor safety: Please supervise children when using scissors. An adult or older helper may cut out the cards for younger children.

<p><b>Room for One More</b> Someone is new at church, school, work, or in the neighbourhood. What could help them feel noticed?</p>	<p><b>Room for One More</b> Someone is sitting alone. What could you do without making them feel awkward?</p>	<p><b>Room for One More</b> A child wants to join in but seems nervous. How could you make it easier?</p>
<p><b>Room for One More</b> A teenager feels different from everyone else. What kind of welcome might feel genuine?</p>	<p><b>Room for One More</b> A grandparent or older neighbour may feel forgotten. What could help them feel remembered?</p>	<p><b>Room for One More</b> A family has not come for a while. How could you reach out kindly?</p>
<p><b>Room for One More</b> A visitor arrives and does not know where to go. What could your family do?</p>	<p><b>Room for One More</b> Someone is quiet during a group activity. How can you include them without pressure?</p>	<p><b>Room for One More</b> Someone speaks a different language or comes from a different background. What could show respect and warmth?</p>
<p><b>Room for One More</b> Someone has had a hard week. What small welcome could bring comfort?</p>	<p><b>Room for One More</b> Your family has space for one more person at an activity, meal, walk, or conversation. Who might need that space?</p>	<p><b>Room for One More</b> Think of someone by name. What is one gentle thing you could do this week?</p>

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# Role-Play Example: A Family Making Room

*This example keeps the same family from the earlier activities and shows welcome as a simple invitation, a saved seat, and a small card.*

**Daniel:** "Tonight we are doing Room for One More. We are going to pray, read a scripture, talk about welcome, draw a prompt card, and choose one real thing we can do this week."

**Rebecca:** "Before we begin, let us choose our roles. **Noah**, would you offer the opening prayer?"

**Noah:** "Yes. I can do that."

**Daniel:** "**Emma**, would you be our Scripture Reader?"

**Emma:** "I can read from Matthew 25."

**Gran Margaret:** "I can help write the plan if you like."

**Narrator:** **Noah** offers the opening prayer. **Emma** reads a short part of Matthew 25 about welcoming and caring for others.

**Daniel:** "What does it mean to welcome someone as if we were serving the Saviour?"

**Emma:** "It means we should notice people, not just walk past them."

**Noah:** "And make a place for them."

**Gran Margaret:** "Sometimes welcome is very quiet. It can be remembering a name or asking if someone would like to sit with you."

**Rebecca:** "**Noah**, please draw a Room for One More card."

**Noah:** "The card says Someone is sitting alone. What could you do without making them feel awkward?"

**Daniel:** "What could we do?"

**Emma:** "We could sit nearby first. Then we could ask if they want to join us."

**Rebecca:** "That feels kind because it gives them a choice."

**Gran Margaret:** "Is there someone we could think about by name?"

**Emma:** "Sister Patel came last week and did not know many people."

**Noah:** "We could save a seat for her family."

**Rebecca:** "We could also make a small card and invite them to sit with us on Sunday."

**Daniel:** "Then our family action is this: this week we will make a card, greet Sister Patel's family, and save a seat if they come."

**Gran Margaret:** "I can offer the closing prayer when we finish."

**Narrator:** **Daniel** writes the plan on the action sheet. **Emma** holds up the card she has decorated, and **Noah** pulls an extra chair close to the table.

**Daniel:** "We are not trying to make a grand gesture. We are simply making room."

**Narrator:** **Gran Margaret** offers the closing prayer.

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# Family Welcome Plan

## *Our Room for One More Plan*

Date:	Scripture chosen:
What did we talk about?:	
Who might need to feel welcome?:	
What will we do?:	
Who will help?:	When will we do it?:
What materials do we need?:	
What happened afterwards?:	
What did we learn about welcome?:	

## Simple Welcome Ideas

Welcome Idea	How Your Family Could Do It
Save a seat	Make space beside your family at church, a meal, or an activity.
Learn a name	Practise remembering and using someone's name kindly.
Make a card	Write or draw a simple message of welcome.
Invite gently	Invite someone to join a game, walk, conversation, or activity.
Notice quietly	Look for someone who may feel unsure and stay nearby.
Follow up	Send a kind message or speak to them again later.
Share something	Offer a snack, pencil, hymnbook, programme, or seat.
Include in planning	Ask what would help them feel comfortable.

# Adaptations for Different Families

Family situation	Simple adaptation
Younger Children	Let younger children draw pictures, decorate a card, choose a prompt card, or help set an extra chair. Keep the discussion short and simple. Ask, "How can we help someone feel happy to be with us?"
Teenagers	Invite teenagers to talk about real situations where people feel excluded. Let them suggest welcome actions that feel sincere rather than forced. They may prefer sending a message, walking with someone, inviting someone to sit nearby, or noticing someone at youth activities.
Grandparents	Grandparents may share memories of times when they were welcomed or when they helped someone belong. They may also help the family think of people who are often overlooked.
Couples	Choose one person, family, neighbour, or ward or branch member who may need welcome. Your action can be simple: a message, invitation, visit, card, or shared meal.
Single-Parent Families	Keep the plan manageable. Choose one small action that fits your week. A short note, a saved seat, or a friendly invitation can be enough.
Small Households	One or two people can still complete the activity. Read a scripture, choose a prompt card, and make one welcome plan together.
Ward or Branch Settings	Use the prompt cards in a family activity, ministering visit, youth discussion, or resource table. Families can complete the welcome plan at home. Leaders may invite people to think of newcomers, visitors, returning members, or anyone who may need a friend.
Mixed-Faith or Non-Member Families	Focus on welcome, kindness, belonging, and making space. Families may choose a Bible verse, another meaningful scripture, or a simple family value about including others.

# Colouring Page

## *Jesus Welcomes Children*

*Use this colouring page as a quiet activity while the family talks, or save it for later in the week.*



# Colouring Page

## *Preparing a Place for Someone New*

*Use this colouring page to remember your family's welcome plan. It matches the cover artwork so younger children can colour from the same scene if they wish.*

